



DIABETES EDUCATION (DSME/T) REFERRAL FORM

REQUIRED PATIENT INFORMATION

Name: _____ | DOB: _____ | Gender: _____

IF MINOR: Parent/Guardian Name: _____ | Relationship to Patient _____

Home Address: _____

Phone: _____ (HOME/CELL) | Email: _____

Insurance: _____ | Prior Authorization #: _____

REFERRAL INFORMATION

Table with 4 columns: DIABETES DIAGNOSIS, ICD-10, COMORBIDITIES/COMPLICATIONS. Rows include Type I/II Diabetes, Gestational Diabetes, Pre-existing DM, Pre-Diabetes, Chronic Kidney Disease, Hypertension, Neuropathy, Peripheral Vascular Disease, Obesity/Morbid Obesity, Pregnancy, Non-Healing Wound, Coronary Heart Disease, Retinopathy, Stroke (CVA), Dyslipidemia, Mental/Affective Dx.

DIABETES EDUCATION/COUNSELING/TRAINING SERVICES: (NOTE: DSME/T & MNT are complementary therapies for improving diabetes management and research indicates IMPROVED outcomes when services combined together)

Diabetes Self-Management Education/Training (DSME/T)

- Initial Diabetes Self-Management Training (10 hrs)
Annual DSMT Update Training (2 hrs)
1:1 Additional Insulin Training
Insulin Pump Assessment/Start-up Evaluation
Insulin Pump w/Sensor Training
Continuous Glucose Monitor Training

Medical Nutrition Therapy (MNT)

- Initial (MNT): 3 hrs | OR (# hrs)
Annual Follow-up MNT: 2 hrs | OR (# hrs)
Additional hrs of MNT services in same calendar year, per RD: (# additional hours requested)
Specify Change in Dx/Tx/Condition:

Special needs requiring individual (1:1) DSME/T services (check all that apply):

Vision | Hearing | Physical | Cognitive Impairment | Language Limitations | Additional Training (#hrs requested)

DSME/T Content:

Prevent/treat/detect complications | Monitoring Diabetes | Diabetes as Disease Process | Physical Activity | Medication
Nutritional Management | Psychological Adjustment | Goal Setting, Problem Solving | Gestational Diabetes/Pregnancy

I hereby certify that I am managing this beneficiary's Diabetes condition and that the above prescribed training is a necessary part of management. (Medicare patients)

Referring Physician Signature Required: _____

Referring Physician Print (REQUIRED): _____ | Date: _____

Please fax REFERRAL, LABS & pertinent MEDICAL RECORDS to 803-728-3224 | Call 803-768-7179 for questions/appointments

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